

Figure S3. In old mice, the soleus remains more oxidative than the tibialis anterior, and expresses higher levels of mitochondrial biogenesis, fission/fusion and autophagy markers. Markers of oxidative metabolism (myoglobin and representative OXPHOS complex subunits), mitochondrial biogenesis (PGC-1 $\alpha$ , PGC-1 $\beta$ ), fusion/fission (Mfn2, short (S) and long (L)-OPA1), and autophagy (LC3-II/I and APG5) were assessed in whole muscle lysates (**A-B**) and mitochondrial fractions (**C**) of tibialis anterior and soleus muscles from old (28-29 mo) mice. Ponceau-stained blots were used for normalization; the entire Ponceau lane was quantified for each sample. Representative blots are shown (A-B, 3 independent technical replicates of 4 mice/group; C, 4 mice/group).

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