

SUPPLEMENTARY TABLES

Supplementary Table 1. Medication use by first two digits of medi-span therapeutic classification (MTC) drug classification code in the genetic epidemiology network of arteriopathy (GENOA).

	First two digits of MTC code	Cross-Sectional (N=1,100)	Longitudinal (N=266)	
		Phase 1	Phase 1	Phase 2
Diuretics	D37	377	79	109
Calcium channel blockers	D34	221	58	77
Beta blockers	D33	118		
Antihypertensives	D36	321	73	107
Alpha blockers		59		
Sympatholytics		54		
RAAS inhibitors		207		
Antihyperlipidemics	D39	62		
Statins		51		
Diabetes medications	D27	164	32	56
Sulfonylureas		82		
Insulins		78		
Non-narcotic analgesics	D64	141		
NSAID analgesics	D66	130	36	38
Antidepressants	D58	60		
Antihistamines	D41	53		
Antianxiety medications	D57	48		
Narcotic analgesics	D30	30		

NSAID: nonsteroidal anti-inflammatory drug; RAAS: renin–angiotensin–aldosterone system.

Number of participants taking each drug category is displayed. Medication use in GENOA was categorized using the first two digits of MTC drug classification code. For categories of antihypertensives, antihyperlipidemics, and diabetes medication, sub-categories were included. Drug categories with N < 30 were excluded.

Supplementary Table 2. P-value from Chi-square test of independence among medication categories.

	Calcium channel blockers	Beta blockers	Alpha blockers	Sympatholytics	RAAS inhibitors	Statins	Sulfonylureas	Insulins	Non-narcotic analgesics	NSAID analgesics	Antidepressants	Antihistamines	Antianxiety medications	Narcotic analgesics
Diuretics	3.1E-04	4.7E-11	0.02	4.2E-04	1.3E-10	2.5E-03	0.02	0.02	2.7E-04	8.7E-05	0.10	5.6E-03	0.03	0.28
Calcium channel blockers	1.00	0.91	0.90	0.69	0.01	0.02	0.16	9.6E-10	0.75	3.7E-05	0.09	0.29	0.29	0.48
Beta blockers	0.35	0.14	0.94	0.06	1.00	0.42	2.8E-05	0.89	0.03	0.18	0.20	8.2E-06	0.30	
Alpha blockers		1.00	0.89	1.00	0.11	0.87	0.24	0.83	0.18	0.68	0.68	0.06	1.00	
Sympatholytics			0.81	1.00	0.80	0.72	0.86	0.63	0.78	0.95	1.00	0.38		
RAAS inhibitors				0.15	9.1E-11	5.4E-11	4.1E-06	0.82	0.68	0.36	0.04	1.00		
Statins					0.35	0.01	0.03	0.51	0.65	0.49	0.11	1.00		
Sulfonylureas						0.89	0.02	1.00	0.31	0.06	1.00	0.60		
Insulins							3.5E-07	0.23	0.03	0.89	0.53	1.00		
Non-narcotic analgesics								0.03	1.8E-05	0.47	0.55	0.46		
NSAID analgesics									0.32	3.3E-04	1.8E-03	6.4E-04		
Antidepressants										4.3E-03	0.57	1.00		
Antihistamines											0.03	0.96		
Antianxiety medications												1.00		

NSAID: nonsteroidal anti-inflammatory drug; RAAS: Renin-angiotensin-aldosterone system.

P < 0.05 is highlighted.

Supplementary Table 3. Association of DNA methylation age acceleration with medication use using multivariable models among those with hypertension.

	HorvathAA (N=779)						HannumAA (N=779)					
	Model 1		Model 2		Model 3		Model 1		Model 2		Model 3	
	Beta	P-value	Beta	P-value	Beta	P-value	Beta	P-value	Beta	P-value	Beta	P-value
Diuretics	0.16	0.680	0.24	0.536	0.17	0.652	0.27	0.455	0.34	0.350	0.25	0.460
Calcium channel blockers	-1.21	0.005	-1.17	0.006	-1.13	0.006	-1.30	0.001*	-1.36	0.001*	-1.33	0.0003*
Beta blockers	-0.13	0.815	-0.06	0.907	-0.15	0.775	-1.16	0.022	-1.04	0.039	-1.13	0.016
Alpha blockers	-1.37	0.053	-1.16	0.101	-1.04	0.128	-0.34	0.603	-0.22	0.738	0.00	0.997
Sympatholytics	-0.21	0.775	-0.34	0.642	-0.55	0.438	0.11	0.876	-0.13	0.844	-0.40	0.532
RAAS inhibitors	0.17	0.705	0.05	0.911	-0.04	0.923	-0.10	0.817	-0.16	0.705	-0.27	0.489
Statins	-0.01	0.988	0.11	0.884	0.15	0.844	0.15	0.839	0.30	0.680	0.40	0.561
Sulfonylureas	1.39	0.034	1.29	0.049	1.32	0.038	0.64	0.285	0.49	0.422	0.56	0.329
Insulins	1.37	0.041	1.17	0.081	1.05	0.103	1.46	0.018	1.42	0.022	1.16	0.047
Non-narcotic analgesics	-0.04	0.934	-0.31	0.566	0.15	0.781	-0.48	0.324	-0.60	0.224	-0.09	0.852
NSAID analgesics	-0.68	0.226	-0.75	0.180	-0.85	0.116	-0.48	0.351	-0.48	0.353	-0.55	0.250
Antidepressants	0.75	0.328	0.70	0.354	0.66	0.365	0.49	0.488	0.41	0.553	0.38	0.567
Antihistamines	0.10	0.904	0.06	0.937	-0.04	0.961	0.28	0.710	0.31	0.682	0.22	0.756
Antianxiety medications	-0.14	0.873	-0.12	0.888	-0.37	0.653	-0.17	0.829	-0.15	0.851	-0.23	0.755
Narcotic analgesics	-0.25	0.840	-0.24	0.846	-0.36	0.763	-0.01	0.990	-0.29	0.801	-0.45	0.672
PhenoAA (N=778)												
	Model 1						Model 2					
	Beta	P-value	Beta	P-value	Beta	P-value	Beta	P-value	Beta	P-value	Beta	P-value
	Diuretics	0.63	0.246	0.72	0.187	0.79	0.119	-0.25	0.469	0.13	0.644	0.24
Calcium channel blockers	-0.40	0.505	-0.50	0.397	-0.44	0.414	0.38	0.310	0.27	0.389	0.30	0.302
Beta blockers	-0.11	0.881	-0.03	0.973	-0.27	0.693	-0.39	0.413	-0.23	0.552	-0.36	0.333
Alpha blockers	-2.18	0.027	-2.06	0.036	-2.25	0.013	0.39	0.534	0.42	0.410	0.17	0.731
Sympatholytics	-0.08	0.941	-0.30	0.768	-0.72	0.445	0.68	0.294	0.44	0.405	0.20	0.690
RAAS inhibitors	0.05	0.939	0.03	0.955	-0.27	0.638	0.45	0.254	0.63	0.050	0.48	0.114
Statins	0.33	0.762	0.35	0.745	-0.30	0.766	1.89	0.006	1.28	0.024	0.83	0.122
Sulfonylureas	1.81	0.048	1.77	0.053	1.80	0.033	0.77	0.177	0.74	0.118	0.60	0.179
Insulins	2.17	0.020	2.15	0.020	1.41	0.099	0.60	0.299	1.07	0.026	0.80	0.082
Non-narcotic analgesics	0.96	0.194	0.77	0.295	0.74	0.285	0.87	0.062	0.78	0.043	0.49	0.179
NSAID analgesics	-1.35	0.082	-1.29	0.095	-1.24	0.079	-0.40	0.412	-0.10	0.797	-0.07	0.848
Antidepressants	1.61	0.127	1.48	0.158	1.41	0.144	1.03	0.121	0.71	0.194	0.75	0.147
Antihistamines	0.13	0.908	0.34	0.766	0.62	0.555	-0.94	0.189	-0.39	0.507	-0.26	0.634
Antianxiety medications	-1.67	0.165	-1.54	0.198	-1.58	0.154	0.52	0.494	0.22	0.723	0.09	0.878
Narcotic analgesics	0.55	0.744	-0.11	0.950	-0.52	0.736	1.03	0.341	-0.28	0.750	-0.61	0.470

GrimAA: DNA methylation GrimAge acceleration; HannumAA: DNA methylations HannumAge acceleration; HorvathAA: DNA methylations HorvathAge acceleration; NSAID: nonsteroidal anti-inflammatory drug; PhenoAA: DNA methylations PhenoAge acceleration; RAAS: Renin-angiotensin-aldosterone system.

Model 1: DNA methylation age acceleration~ age + sex + 15 medication use variables.

Model 2: DNA methylation age acceleration~ age + sex + 15 medication use variables + education + smoking + alcohol consumption + BMI + random effects.

Model 3: DNA methylation age acceleration~ age + sex + 15 medication use variables + education + smoking + alcohol consumption + BMI + random effects + white blood cell proportion.

Medication use variables: Diuretic + Calcium channel blockers + Beta blockers + Alpha blockers + Sympatholytics + RAAS inhibitors + Statins + Sulfonylureas + Insulin + Non-narcotic analgesics + NSAID analgesics + Antidepressants + Antihistamines + Anti-anxiety medications + Narcotic analgesics.

Bold values denote significance at P < 0.05. Asterisk denotes Bonferroni corrected significance at P < 0.05/15=0.003.

Supplementary Table 4. Interactions between medication use and sex on DNAm age acceleration.

	HorvathAA (N=1,100)						HannumAA (N=1,100)					
	Model 1		Model 2		Model 3		Model 1		Model 2		Model 3	
	Beta	P-value	Beta	P-value	Beta	P-value	Beta	P-value	Beta	P-value	Beta	P-value
Diuretics	-0.83	0.276	-0.63	0.402	-0.19	0.790	-0.43	0.543	-0.36	0.608	0.16	0.813
Calcium channel blockers	-0.28	0.740	-0.34	0.682	0.00	0.998	-0.03	0.965	-0.09	0.912	0.09	0.897
Beta blockers	-0.83	0.463	-0.75	0.506	-0.93	0.394	1.60	0.125	1.67	0.110	1.36	0.165
Alpha blockers	-1.09	0.415	-1.11	0.404	-1.70	0.186	-0.91	0.462	-1.10	0.374	-1.87	0.107
Sympatholytics	1.50	0.314	1.78	0.228	1.48	0.300	0.33	0.813	0.52	0.707	0.21	0.868
RAAS inhibitors	-2.34	0.004	-2.27	0.006	-2.51	0.0015*	-1.04	0.173	-1.00	0.187	-1.44	0.044
Statins	1.54	0.346	1.92	0.239	2.36	0.133	0.23	0.882	0.36	0.810	0.84	0.555
Sulfonylureas	-1.57	0.192	-1.45	0.227	-1.39	0.230	0.03	0.982	-0.15	0.894	-0.34	0.748
Insulins	-2.55	0.048	-2.22	0.085	-2.45	0.049	-0.60	0.620	-0.37	0.756	-0.67	0.553
Non-narcotic analgesics	-0.01	0.995	0.07	0.942	-0.06	0.948	0.80	0.360	0.72	0.407	0.51	0.532
NSAID analgesics	0.30	0.767	0.19	0.848	1.09	0.262	1.00	0.288	0.90	0.336	1.77	0.043
Antidepressants	-0.26	0.868	-0.17	0.916	-0.80	0.594	1.01	0.488	1.15	0.425	0.26	0.846
Antihistamines	0.31	0.851	0.27	0.870	0.20	0.902	-0.18	0.905	-0.37	0.806	-0.52	0.713
Antianxiety medications	0.01	0.997	0.34	0.831	0.43	0.782	2.57	0.084	2.75	0.065	2.13	0.130
Narcotic analgesics	3.00	0.107	2.69	0.148	2.39	0.182	0.69	0.690	0.61	0.721	0.40	0.803
PhenoAA (N=1,099)												
	Model 1		Model 2		Model 3		Model 1		Model 2		Model 3	
	Beta	P-value	Beta	P-value	Beta	P-value	Beta	P-value	Beta	P-value	Beta	P-value
	Diuretics	0.09	0.928	0.17	0.872	0.44	0.652	0.31	0.661	0.35	0.536	0.33
Calcium channel blockers	-1.25	0.276	-1.34	0.242	-0.65	0.544	-0.94	0.219	-0.95	0.126	-0.66	0.257
Beta blockers	1.30	0.400	0.91	0.557	0.85	0.556	0.91	0.380	-0.01	0.992	0.21	0.787
Alpha blockers	0.94	0.608	0.66	0.717	-0.47	0.781	0.69	0.574	0.45	0.652	0.26	0.780
Sympatholytics	-0.54	0.793	-0.15	0.941	-0.93	0.626	-0.63	0.644	0.02	0.985	-0.45	0.659
RAAS inhibitors	-0.95	0.402	-0.81	0.472	-1.23	0.242	-1.01	0.184	-0.59	0.330	-0.60	0.291
Statins	-2.51	0.267	-1.97	0.380	-1.26	0.548	-1.00	0.501	-0.52	0.663	-0.34	0.761
Sulfonylureas	-0.13	0.937	-0.31	0.855	0.45	0.772	-0.20	0.857	-0.66	0.459	-0.10	0.905
Insulins	0.00	0.999	0.30	0.866	-0.47	0.778	0.40	0.739	0.42	0.661	0.03	0.976
Non-narcotic analgesics	0.08	0.951	0.11	0.934	0.32	0.792	-0.75	0.385	-0.98	0.157	-0.79	0.227
NSAID analgesics	0.62	0.656	0.50	0.719	0.94	0.467	1.59	0.086	1.32	0.077	1.20	0.088
Antidepressants	1.52	0.480	1.55	0.466	1.23	0.534	-0.13	0.929	0.18	0.874	0.30	0.783
Antihistamines	1.02	0.653	1.04	0.645	0.15	0.942	2.68	0.076	2.46	0.043	2.02	0.077
Antianxiety medications	0.08	0.971	-0.38	0.865	-1.41	0.505	0.49	0.740	-1.28	0.285	-1.35	0.231
Narcotic analgesics	1.96	0.441	1.76	0.488	0.93	0.693	-0.11	0.948	-0.50	0.716	-0.90	0.485

GrimAA: DNA methylation GrimAge acceleration; HannumAA: DNA methylations HannumAge acceleration; HorvathAA: DNA methylations HorvathAge acceleration; NSAID: nonsteroidal anti-inflammatory drug; PhenoAA: DNA methylations PhenoAge acceleration; RAAS: Renin-angiotensin-aldosterone system.

Model 1: DNA methylation age acceleration ~ age + sex + medication use (one at a time) + medication use*sex.

Model 2: DNA methylation age acceleration ~ age + sex + medication use (one at a time) + education + smoking + alcohol consumption + BMI + medication use*sex.

Model 3: DNA methylation age acceleration ~ age + sex + medication use (one at a time) + education + smoking + alcohol consumption + BMI + white blood cell proportions + medication use*sex.

Beta is the regression coefficient of the interaction term between respective medication variable and sex from the regression model as stated above.

Bold values denote significance at P < 0.05.

Asterisk denotes Bonferroni corrected significance at P < 0.05/15=0.003.

Supplementary Table 5. Associations of GrimAge components with statin use using multivariable models (N=1,100).

GrimAge Component	Model 1			Model 2			Model 3		
	Beta	SD	P-value	Beta	SD	P-value	Beta	SD	P-value
DNAmADM	4.91	2.36	0.038	5.16	2.35	0.028	3.35	2.30	0.145
DNAmB2M	8345.00	20252.93	0.680	8116.31	20282.21	0.689	6713.34	20211.28	0.740
DNAmCystatinC	7434.12	3236.05	0.022	7884.45	3239.36	0.015	4816.55	3007.28	0.110
DNAmGDF15	25.80	15.88	0.105	21.82	15.55	0.161	12.42	15.34	0.418
DNAmLeptin	-59.50	258.21	0.818	-8.68	257.52	0.973	53.35	258.07	0.836
DNAmPACKYRS	3.04	1.82	0.094	1.11	1.22	0.366	0.68	1.22	0.579
DNAmPAI1	596.35	365.89	0.103	622.38	347.12	0.073	449.63	343.95	0.191
DNAmTIMP1	334.04	143.42	0.020	362.00	143.71	0.012	232.06	136.51	0.089

DNAmADM: DNAm surrogate of adrenomedullin (ADM); DNAmB2M: DNAm surrogate of beta-2 microglobulin (B2M), DNAmGDF15: DNAm.

surrogate of growth differentiation factor 15 (GDF15); DNAmCystatinC: DNAm surrogate of Cystatin C (CystatinC); DNAmLeptin: DNAm.

surrogate of leptin (Lepton); DNAmPAI1: DNAm surrogate of plasminogen activation inhibitor 1 (PAI1); DNAmTIMP1: DNAm surrogate of

Issue inhibitor metalloproteinase 1 (TIMP1); DNAmPACKYRS: DNAm surrogate of the amount of cigarettes smoked (PACKYRS).

Model 1: DNA methylation GrimAge components ~ age + sex + medication use (one at a time).

Model 2: DNA methylation GrimAge components ~ age + sex + medication use (one at a time) + education + smoking + alcohol consumption + BMI.

Model 3: DNA methylation GrimAge components ~ age + sex + medication use (one at a time) + education + smoking + alcohol consumption + BMI + white blood cell proportions.

Beta is the regression coefficient of the respective variable from the regression model as stated above.

Bold values denote statistical significance at P < 0.05.

Supplementary Table 6. Association of medication use with change rate of DNA methylation age acceleration from Phase 1 to Phase 2 using multivariable models (N=266).

Change of medication use	HorvathAA						HannumAA					
	Model 1		Model 2		Model 3		Model 1		Model 2		Model 3	
	Beta	P-value	Beta	P-value	Beta	P-value	Beta	P-value	Beta	P-value	Beta	P-value
Diuretics	Never used	Ref		Ref		Ref	Ref		Ref		Ref	
	Continuous use	0.98	0.112	1.27	0.054	1.25	0.063	0.10	0.834	-0.14	0.787	-0.21
	Started use after Phase 1	-0.74	0.246	-0.59	0.370	-0.52	0.434	0.16	0.762	0.06	0.915	0.04
	Stopped use after Phase 1	0.56	0.540	0.67	0.502	0.69	0.509	0.38	0.608	0.10	0.902	0.06
Calcium channel blockers	Never used	Ref		Ref		Ref	Ref		Ref		Ref	
	Continuous use	0.59	0.331	0.80	0.215	0.84	0.208	0.13	0.788	0.02	0.976	-0.03
	Started use after Phase 1	-0.56	0.414	-0.39	0.579	-0.25	0.729	0.66	0.231	0.61	0.271	0.57
	Stopped use after Phase 1	0.95	0.372	1.28	0.248	1.28	0.261	0.81	0.342	0.48	0.579	0.47
Antihypertensives	Never used	Ref		Ref		Ref	Ref		Ref		Ref	
	Continuous use	-0.96	0.112	-0.71	0.278	-0.69	0.298	0.24	0.627	0.14	0.779	0.26
	Started use after Phase 1	-0.65	0.299	-0.54	0.397	-0.60	0.358	-0.52	0.300	-0.54	0.284	-0.46
	Stopped use after Phase 1	-0.34	0.727	0.09	0.932	0.10	0.922	-0.71	0.374	-1.06	0.198	-0.92
Diabetes medications	Never used	Ref		Ref		Ref	Ref		Ref		Ref	
	Continuous use	0.45	0.531	0.67	0.627	0.82	0.560	0.29	0.617	1.66	0.128	1.62
	Started use after Phase 1	0.49	0.511	0.82	0.353	0.97	0.285	-1.00	0.096	-0.30	0.662	-0.24
	Stopped use after Phase 1	-5.28	0.131	-5.42	0.195	-5.60	0.188	1.31	0.640	1.19	0.718	1.23
NSAID analgesics	Never used	Ref		Ref		Ref	Ref		Ref		Ref	
	Continuous use	-0.12	0.917	0.10	0.933	0.12	0.920	0.18	0.846	-0.25	0.783	-0.20
	Started use after Phase 1	2.64	0.0004*	2.61	0.001*	2.50	0.001*	1.28	0.032	1.29	0.028	1.30
	Stopped use after Phase 1	1.83	0.017	2.01	0.010	2.00	0.011	0.19	0.760	0.41	0.497	0.43
PhenoAA												
Change of medication use	Model 1						Model 1					
	Model 1		Model 2		Model 3		Model 1		Model 2		Model 3	
	Beta	P-value	Beta	P-value	Beta	P-value	Beta	P-value	Beta	P-value	Beta	P-value
Diuretics	Never used	Ref		Ref		Ref	Ref		Ref		Ref	
	Continuous use	0.28	0.696	-0.35	0.648	-0.67	0.378	0.14	0.683	0.11	0.762	0.03
	Started use after Phase 1	0.27	0.718	0.02	0.978	0.02	0.975	-0.01	0.977	-0.08	0.838	-0.10
	Stopped use after Phase 1	-1.12	0.300	-1.65	0.158	-1.89	0.108	0.21	0.688	0.19	0.729	0.08
Calcium channel blockers	Never used	Ref		Ref		Ref	Ref		Ref		Ref	
	Continuous use	0.13	0.853	-0.34	0.646	-0.32	0.666	0.01	0.967	-0.02	0.957	-0.04
	Started use after Phase 1	-1.10	0.168	-1.37	0.093	-1.40	0.089	0.09	0.814	0.05	0.901	-0.09
	Stopped use after Phase 1	1.45	0.240	0.89	0.487	0.37	0.771	1.17	0.049	1.22	0.049	1.06
Antihypertensives	Never used	Ref		Ref		Ref	Ref		Ref		Ref	
	Continuous use	0.06	0.934	-0.40	0.599	-0.31	0.679	-0.25	0.469	-0.40	0.273	-0.36
	Started use after Phase 1	-1.65	0.024	-1.72	0.021	-1.90	0.011	-0.97	0.006*	-0.97	0.007*	-0.96
	Stopped use after Phase 1	0.35	0.761	-0.47	0.696	-0.43	0.720	-0.47	0.394	-0.50	0.390	-0.46
Diabetes medications	Never used	Ref		Ref		Ref	Ref		Ref		Ref	
	Continuous use	1.10	0.192	3.09	0.053	2.92	0.067	0.48	0.234	0.61	0.428	0.41
	Started use after Phase 1	0.28	0.744	0.63	0.535	0.61	0.548	0.07	0.862	0.09	0.849	-0.02
	Stopped use after Phase 1	-1.51	0.710	-0.35	0.941	-2.29	0.633	-0.08	0.967	0.08	0.974	-0.35
NSAID analgesics	Never used	Ref		Ref		Ref	Ref		Ref		Ref	
	Continuous use	-1.36	0.293	-1.83	0.169	-1.68	0.200	-0.52	0.393	-0.59	0.355	-0.53
	Started use after Phase 1	0.49	0.568	0.48	0.576	0.44	0.610	0.14	0.734	0.12	0.777	0.16
	Stopped use after Phase 1	1.57	0.074	1.66	0.062	1.59	0.071	0.35	0.412	0.34	0.431	0.33

HorvathAA: DNAm HorvathAge acceleration; HannumAA: DNAm HannumAge acceleration; GrimAA: DNAm GrimAge acceleration; PhenoAA: DNAm PhenoAge acceleration.

Longitudinal models include subjects that had DNA methylation measured at both Phases 1 and 2. Participants whose smoking status changed between Phase 1 and Phase 2 were removed.

Model 1: Change in DNA methylation age acceleration (Phase 2-Phase 1) ~ change in medication use + phase 1 covariates (age, DNAm age acceleration, sex, BMI, smoking, alcohol, education)

Model 2: Model 1 + phase 1 covariates (hypertension, stroke, coronary heart disease, diabetes, HDL, Triglyceride, LDL)

Model 3: Model 2 + blood cell proportions

Medication use variables: diuretics, calcium channel blockers, antihypertensives, diabetes medications, and NSAID analgesics

Beta is the regression coefficient of the respective variable from the regression model, as stated below.

Bold values denote significance at $P < 0.05$. Asterisk denotes Bonferroni corrected significance at $P < 0.05/5 = 0.01$.